

## *Self-assessment: Possible new contacts*

In the tables below, identify three possible new contacts who may have some sort of connection to your chosen career.

### 1. Someone you know directly who may be able to help

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### 2. Someone you know who may know someone who could help

Someone you know	Someone they may know (either a specific person or someone in a particular role, such as 'doctor')

### 3. Someone you know who may know someone who may know someone else who could help

Someone you know	Someone they may know (specific person or role)	Someone they may know (specific person or role)